

INTRODUCING

The Massachusetts Healthy Aging Collaborative Website

www.mahealthyagingcollaborative.org






						<p>LOG IN</p> <input type="text"/> <p>Username</p> <input type="password"/> <p>Password</p> <p>Forgot your password? <input type="button" value="GO"/></p> <p>Create Account </p>
DATA REPORT	PROGRAMS	BROWSE TOPICS	RESOURCES	CONNECT	BLOG	



MA Healthy Aging Data Report

View the Healthy Aging Community Profile to see how your community compares to the state averages for various indicators of healthy aging.

[Learn More >](#)

<p>STEP 1 Create an account.</p> 	<p>STEP 2 Find other members.</p> 	<p>STEP 3 Join the discussion.</p> 
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DATA REPORT

HIGHLIGHTS REPORT

Explore a snapshot of findings from the MA Healthy Aging Data Report.

[Learn More >](#)

[Learn More >](#)

DATA REPORT TUTORIAL

Watch this short video tutorial to learn what's inside the MA Healthy Aging Data Report, and how to use the data.

[Learn More >](#)

BLOG

NEW HEALTHY LIVING CENTER OF EXCELLENCE WEBSITE

[Read More >](#)

THE MASSACHUSETTS HEALTHY AGING COLLABORATIVE IS ONLINE!

[Read More >](#)

[View all posts >](#)

CONNECT



MEMBERS

Become a member of the community.



DISCUSSIONS

Join the discussion and collaborate with other healthy aging professionals.

Learn.

Explore the Data Report.

Find a program.

Search for resources.

Interactive Map

Chronic Disease Maps

ALZHEIMER'S DISEASE OR RELATED

DIABETES

STROKE

CHRONIC OBSTRUCTIVE PULMONARY DISEASE

HYPERTENSION

EVER HAD A HEART ATTACK

ISCHEMIC HEART DISEASE

CONGESTIVE HEART FAILURE

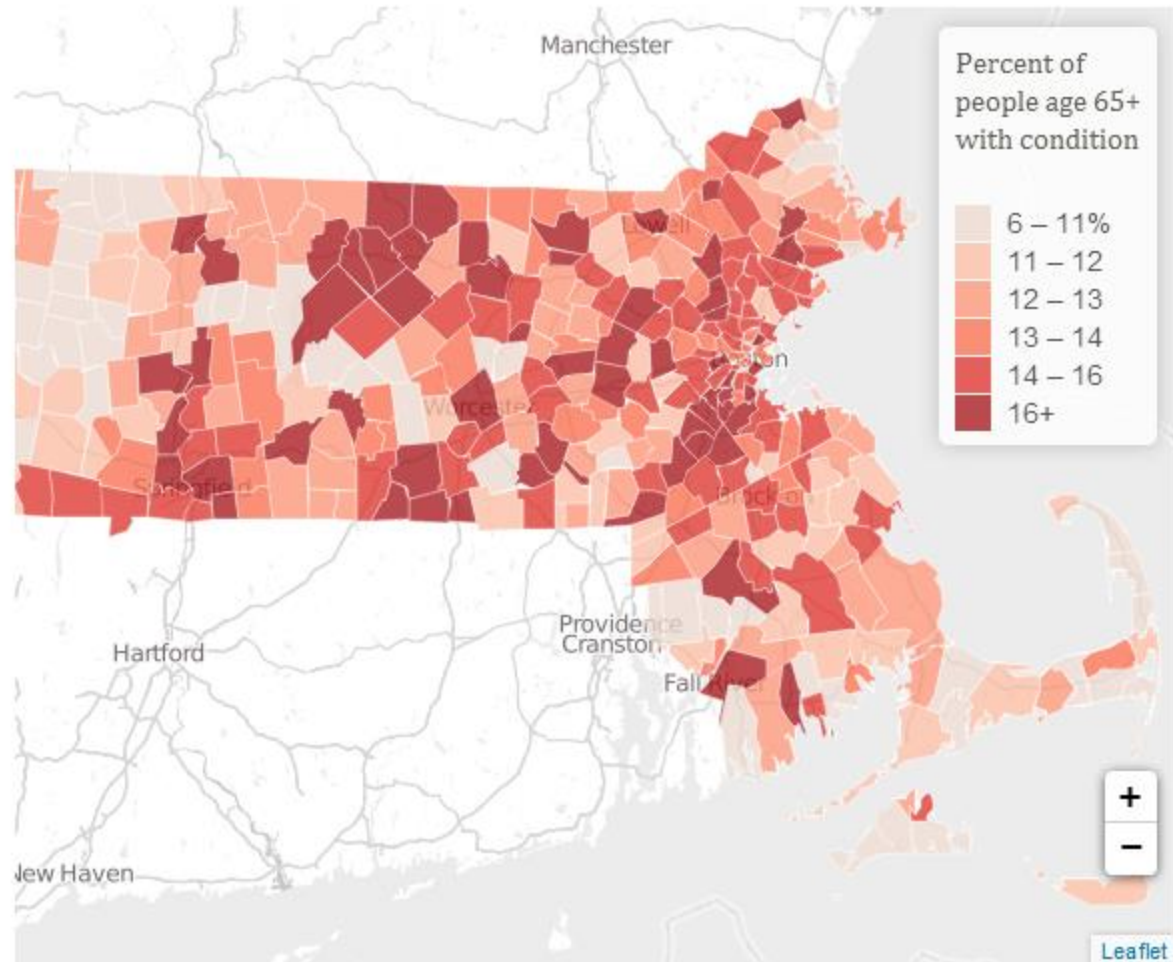
OSTEOARTHRITIS/ RHEUMATOID ARTHRITIS

EVER HAD HIP FRACTURE

GLAUCOMA

WOMEN WITH BREAST CANCER

COLON CANCER



HOME > PROGRAMS > FIND A PROGRAM

[+/-TEXT SIZE](#)
[PRINT](#)




Organizations

62 results for:
- A Matter of Balance

These results indicate organizations that currently offer the specified healthy aging programs or have offered these programs in the past. For complete and current program information, visit the organization's website or contact them directly. Some evidence-based program information and workshop schedules may also be found at www.healthyliving4me.org.

ORGANIZATION	LOCATION	EVIDENCE-BASED PROGRAMS	OTHER HEALTH PROMOTION PROGRAMS
Adams Council on Aging	Adams	<ul style="list-style-type: none"> A Matter of Balance Chronic Disease Self-Management Program (My Life, My Health) RSVP Senior Companion Program Tai Chi: Moving for Better Balance 	
Adm for Community Living	Boston	<ul style="list-style-type: none"> A Matter of Balance Chronic Disease Self-Management Program (My Life, My Health) Chronic Pain Self-Management Program Diabetes Self-Management Program Powerful Tools for Caregivers 	
Americorp		<ul style="list-style-type: none"> A Matter of Balance Online Chronic Disease Self-Management 	
Amesbury Council on Aging	Amesbury	<ul style="list-style-type: none"> A Matter of Balance Chronic Disease Self-Management Program (My Life, My Health) Chronic Pain Self-Management Program Tai Chi: Moving for Better Balance 	Caregiving
BayPath Elder Services, Inc.	Marlborough	<ul style="list-style-type: none"> A Matter of Balance Arthritis Foundation Tai Chi Program Chronic Disease Self-Management Program (My Life, My Health) Chronic Pain Self-Management Program 	



DATA REPORT

PROGRAMS

Overview

Evidence-Based Prog

Chronic Disease Self-Management

Older Americans Ac

Other Health Promot Programs

Age-Friendly Commu

Find a Program

Submit a Program


Stories from the Fie

Submit a Story

[PRINT](#)




Search for a specific

SUBMIT 



DATA REPORT



PROGRAMS



BROWSE TOPICS



RESOURCES



CONNECT



BLOG

LOG IN

Username

Password

[Forgot your password?](#)

GO

Create Account

RESOURCES

For Professionals

For Consumers

Resource Library

Submit a Resource

[HOME](#) > [RESOURCES](#) > RESOURCE LIBRARY

[+/-TEXT SIZE](#)

[PRINT](#)



Resource Library

(Leave all fields blank to retrieve all resources)

FILTER BY:

audience



healthy aging topic



format



category



FIND



Connect.

Become a member.

Search for healthy aging professionals.

Send private messages.

Areas of interest

HOME > MEMBERS

[+/-TEXT SIZE](#)
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[🐦](#)
[f](#)

Elizabeth Costello



@elizabeth

active 5 seconds ago

[Activity](#)
[Profile](#)
[Notifications 0](#)
[Messages 0](#)
[Forums](#)
[Settings](#)

[View](#)
[Edit](#)
[Change Avatar](#)

Base

Name	Elizabeth Costello
Type of organization	Non-profit
Areas of interest	Physical Activity, Social Engagement
Email	ecostello@jsi.com

ease Self-Management

- Fall Prevention
- Family Caregiving
- Home Care and Care Transitions

Engage.

Start a conversation.

Ask a question.

Give an answer.



Viewing topic 1 (of 1 total)



Create New Topic in "General Discussion"

Topic Title (Maximum Length: 80):

How do you plan to use the Data Report in your community?

Large empty text area for the topic content.

Topic Tags:

data, data report, community profiles

Topic Type:

Normal

Topic Status:

Open

Notify me of follow-up replies via email

SUBMIT →

HOME

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| RSS

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View

Top

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Star



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t a new
own.

Share.

Tell us your story.

Add your program.

Share your resources.

Tell a colleague about the site.

Share your expertise.

Blog

Meet the Team Behind the Massachusetts Healthy Aging Data Report

🕒 January 23, 2014 📁 Data and Reports ✎ Edit



The Healthy Aging research team at the Gerontology Institute of the McCormack Graduate School of Policy and Global Studies at the University of Massachusetts Boston is so excited to release [our research](#) reporting nearly 100 indicators for 367 communities in Massachusetts. For the first time ever, every city and town, plus the 16 Boston neighborhoods, have a unique report of healthy aging and can compare their scores to state averages. [Continue reading →](#)

💬 Leave a comment

Visit the Redesigned Healthy Living Center of Excellence Website

🕒 January 22, 2014 📁 Programs ✎ Edit



The Massachusetts Healthy Living Center of Excellence (HLCE) launched a redesigned website in January at www.healthyliving4me.org. The new website makes it easier for older adults to learn about evidence-based healthy aging programs offered in their community and to register for upcoming workshops.

[Continue reading →](#)

💬 Leave a comment

The Massachusetts Healthy Aging Collaborative is online!

🕒 January 21, 2014 📁 Collaborative News ✎ Edit



Welcome to the new online home of the Massachusetts Healthy Aging Collaborative! We're thrilled to share this website with you today after many months of development. In 2012, members of the Collaborative identified the need for a website to facilitate year-round communication and networking among members and other healthy aging professionals. In May 2013, JSI began working with the [Tufts Health Plan Foundation](#) and the Massachusetts Healthy Aging Collaborative to make this website a reality.

Join.

www.mahealthyagingcollaborative.org

STEP 1

Create an
account.



STEP 2

Find other
members.



STEP 3

Join the
discussion.



Questions?

Fill out a question card, or send me an email: ecostello@jsi.com