#### MASSACHUSETTS HEALTH POLICY FORUM

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# Health Care Workforce Issues in Massachusetts

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## **Workforce and Welfare Systems Health Care System Provider Practice The Care-giving Connection** – **Health Care Consumers and Direct Care** Workers **Quality Management Third-party Investment in** Workforce **Support for Employment - and Opportunities for Advancement**

## Unemployment rate < 3%

People are working...
They're just not working in health care...

Vacancy Rates > 12%

## Downward Spiral

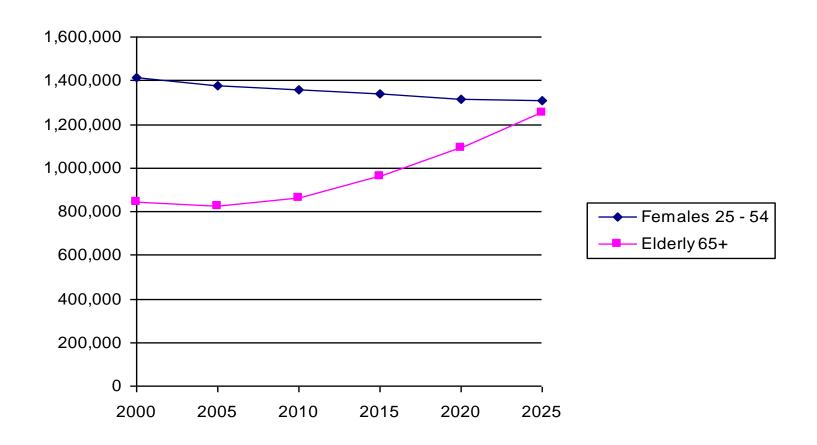
Poor Quality Jobs

Staff go elsewhere for work

Understaffing gets worse; jobs get worse

More staff leave

## Elderly and Women of Care-Giving Age



Source: U.S. Census Bureau, Population Estimates Program at www.census.gov/population/estimates/state

#### **Staffing Crisis:**

#### **Demand - Supply - Price**

#### **Demand:**

- •Growing aging population
- •Higher acuity
- •Labor intensive

#### **Supply:**

- Decreasing workforce
- •Decreasing 25-54 year old population
- •Lots of better options

Price: Wages, Benefits, Workloads,Training, Opportunities for Advancement,Respect, Overall Working Conditions

# What Health Care Pays for Labor – Poor Quality Jobs:

- Wages half what's needed for family self-sufficiency
- Benefits many lack health insurance
- •Workloads rushed care; over-time; injuries;
- **Training** inadequate preparation and few opportunities for advancement
- Overall Working Conditions negative work culture

## Poor Quality Jobs Affect Quality Care

High turnover and high vacancy rates:

- Disrupt continuity and individualized care
- Cause physical and psycho-social deterioration
  - Malnutrition, dehydration, incontinence, skin breakdown
  - Isolation, loneliness, depression
- Divert resources from care to turnover
- Lose experienced mentors on staff

#### Framework for Action

#### Sectoral

In long term care – home and facility-based

#### Intersect health care / workforce systems

In policy, program, data collection and planning

#### Staged

- Immediate action to stem the downward spiral
- Longer term planning, oversight and implementation

## **Immediate and Longer Term Action**

- **Immediate** stem the downward spiral
  - Action now to retain and attract direct care workers
  - Long-term care as a Gateway to Employment –
     support new entrants to the workforce
- Long-term —workforce strategy thru 2030
  - Workforce Commission
  - Coordinated data analysis and dissemination

#### Workforce Development

Pathways to Advancement

Incumbent Worker Training Employer Counseling and Assistance

#### Health Care System

Higher wages and benefits

Upgrade training

Higher staffing standards

Culture change

## DIRECT CARE WORKERS

Pre-and post-employment education and services:

- Child-care and transportation assistance
  - Adult Basic Education

Medicaid Expansion: Expand health care coverage to health care workers

Access to Quality Jobs

Access to Health Care

# Immediate Action to Stabilize Workforce: Make Direct Care Jobs Competitive in the Labor Market

Wages	Raise wage levels	
Benefits	Provide health insurance	
Training	Improve entry-level training	
	Create pathways to advancement	
Workload	Establish safe staffing levels	
Treatment	Quality management and supervision	
Support	Assist workers entering the workforce	

## Improving Wages and Benefits

#### • Wages –

- Wage pass-through
- Recalibrate wages through step increases
- Evaluate wages within labor market

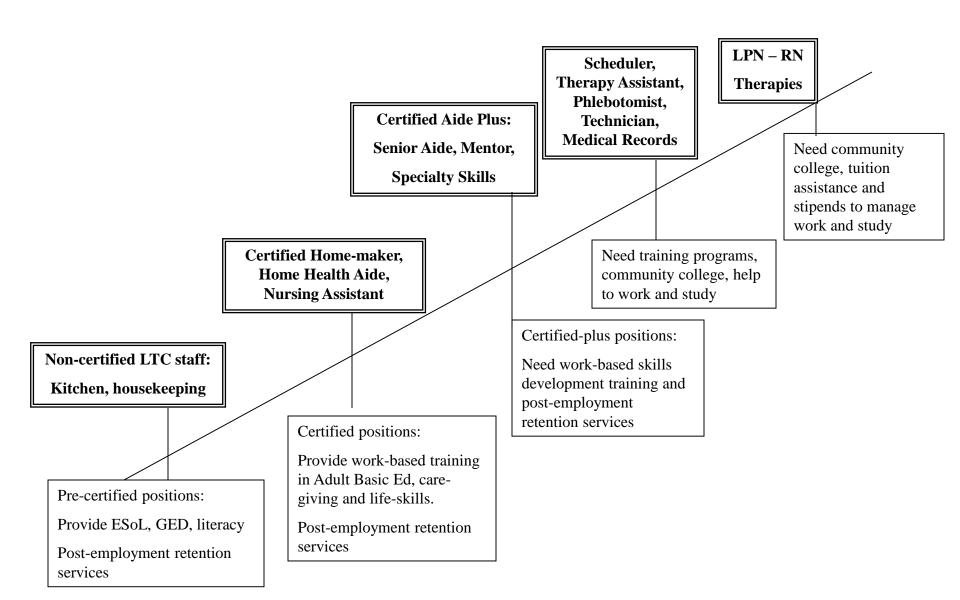
#### Health Insurance –

- Expand coverage under public programs
- Subsidize employer-based insurance
- Maximize CHIP

## **Training**

- Improve curriculum and teaching methods for pre-service and in-service training
- Increase length of preparatory period, add orientation period
- Provide training specific to care needs
- Develop opportunities for advancement
- Provide Adult Basic Ed

#### Career Pathways in Long Term Care Opportunities for Advancement



## Workloads and Working Conditions

#### Workloads

- Safe staffing levels
- Sufficient hours for full-time work

#### Working Conditions – Culture Change

- Inclusive Management
- Quality Supervision
- Team approaches
- Peer support

## Gateway to Employment – Supports for New Workers

- Adequate preparation for successful employment
- Support to overcome barriers to work
- Post-employment counseling and job retention assistance
- Incumbent worker training in Adult Basic Ed and skills upgrades

## **Efforts Already Underway**

- **Legislative** Joint hearings; proposed budget provides comprehensive approach
- **Stakeholders** Consumers, labor, and providers are working together within long-term care
- **Provider Practice** LTC associations are collaborating to develop better management and supervision practices
- Workforce Development Committed to longterm care as priority area

## Longer Term Action: Provide a Workforce as Demand for Health Care Increases

Coordination and Oversight	Create a Health Care Workforce Commission through 2025
Restructure Workforce Policy	Make health care jobs more competitive in labor market
Data Collection; Public Disclosure	Report on labor market and health care utilization data
Education	Fund nursing education and on- the-job skills development
Culture Change	Improve the quality of the health care work environment